



RUQIA, THE FORGOTTEN SUNNAH

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TAKE AWAYS

- 1- Reality and effect of RUQIA as taught by the prophet (PBUH) and understood by the companions**
- 2- Types of RUQIA**
- 3- Danger of envy & Evil eye**
- 4- Protecting oneself as well as others from the effect of envy or evil eye**

DEFINITION

Lexical

- **عَوْدَةٌ seeking refuge**
كلا إذا بلغت التراقي وقيل من راق
(Ibn katheer)

Technical

- **Set of words, Invocations recited when someone suffer either spiritual or physical pain.**

**DID THE PROPHET
(PBUH) FORBADE
MAKING RUQIA?**

**“Those who don’t ask for
RUQIA, Nor use cauterization
(branding), Nor are
superstitious, and they rely on
their lord”**

(Al-Bukhari)

FORBIDDEN RUQIA

إن الرقي والتمايم والتوالة شيرك (أحمد وأبوداود)

“RUQIAS, Amulets, and Tewalah (A type of magic) Are acts of Shirk.”

{Ahmad, Abu- Dawood}

“O Muhammad: Are you sick?

He replied: YES.

Jibreel then said: In the name of Allah I treat you with this RUQIA. from everything that harms you, from every soul, or and evil eye of an envious. May Allah cure you. In the name of Allah I treat you with RUQIA.

(Muslim)

A`isha narrated:

“Whenever the prophet (PBUH) went to bed, he used to recite Surah Al-Ikhlās, Al-Falaq- Al-Nas. And then blow on his palms and pass them over his face and those parts of his body that his hands could reach.

And when he fell ill, He used to order me to do it for him

(recite for him and blow on his hand, and let him pass his hands over his body because of its blessings)

(Al-Bukhari)

A`isha narrated:

The prophet (PBUH) used to treat his family by passing his right hand over the place of the ailment and used to say:

“O Allah, the lord of the people, remove the trouble and heal the patient, for you are the healer. No healing is of any avail but yours; healing that will leave behind no ailment.”

(Al-Bukhari)

“I seek protection for you in the perfect words of Allah, from every devil, and every beast, and from every envious blameworthy eye.”

(Al-Bukhari)

Aisha narrated:

The prophet (PBUH) used to say to the patient in the RUQIA:

“In the name of Allah, the soil of our land, the saliva of some of us, our patient will be cured with the permission of our lord”

(Al-Bukhari)

TYPES OF RUQIA

Permissible

**Quran, Sunnah
invocations**

Forbidden

**Calling upon Jinn,
Statues, stars, planets,
Dead people**

WAS RUQIA KNOWN BEFORE ISLAM?

A Jewish woman was given RUQIA to Aisha. Abu-Bakr entered upon her and said: Treat her with a RUQIA from the book of Allah i.e. Tawrah.

{Malik Moat` 673}

PERMISSIBLE RUQIA

“Show me your RUQIAS, There nothing wrong with giving RUQIA just as long as it doesn’t include any Shirk.”

(Muslim)

**Jabir narrated, the prophet (PBUH) said:
“Whosoever can benefit his brother (by
giving RUQIA), He should then benefit
him.”**

(Muslim)

من استطاع منكم أن ينفع أخاه فليفعل

“We sent down of the Quran that which is a cure and mercy for the believers”

(Al-Israa)

وننزل من القرآن ما هو شفاء ورحمة للمؤمنين

“Allah sent down the disease, and its cure. So seek the cure as long as it isn't Haram.”

(Abu Dawood)

IS RUQIA PERMISSIBLE FOR ALL DISEASES?

“No RUQIA except for evil eye, poison”

(Abu-Dawood)

لا رقية إلا من عين أو حمّة

RUQIA COULD BE MADE FOR:

- **Evil eye,**
- **black magic,**
- **Epilepsy,**
- **Jinn possession**
- **Poisonous stings,**
- **Temptations,**
- **Any other spiritual/physical pain.**



RUQIA FOR THE EVIL EYE

WHAT IS THE EFFECT OF THE EVIL EYE?

Ibn Abbas narrated:

“The effect of the evil eye is a FACT. If any thing would precede the destiny (Qadar), it would be the influence of the evil eye.”

(Muslim)

“And from the evil of the envious when he envies.”

{Al-Falaq}

“Or do they envy people for what Allah has given them of his grace?”

{Al-Nisaa}

“Many of the people of the book wish to turn you back into unbelievers after you have believed, out of envy on their part...”

{Al-Baqarah}

“O sons: Don’t enter (the city) all from one gate. Rather you should enter from multiple gates...”

“I was just a need in the soul of Ya`qoob felt he had to say. And he was a possessor of knowledge as we had taught him...”

وإنه لذو علم لما علمناه

(Yusuf)

**“Most of the those who die among my Ummah by the will and the decree of Allah,
Because of the evil eye.”**

أكثر من يموت من أمتي بعد قضاء الله وقدره بالعين

{Sahih Al-Jami` }

“The evil eye brings the man to the grave, and the camel to the cooking pot.”

العين تدخل الرجل القبر وتدخل الجمل القدر

{Sahih Al-Jami`}

“The evil eye is like an arrow, which comes from the soul of the one who feels envy, towards the one who is envied. Sometimes it hits him, and sometimes not.

If the target is exposed and unprotected, it will be affected. But if the target is cautious and armed, the arrow will have no effect and may even come back to the one who struck it.”

(Zaad Al-Ma`aad)

THE DIFFERENCE BETWEEN EVIL EYE & ENVY

Envy

- Wishing the blessings to be removed
- Deliberately envying people
- Affects what you see and what you don't see (Could envy something expected to happen in the future)

Evil eye

- Looking at something too impressively
- Intentional & Unintentional, you could harm yourself or a loved one with your evil eye.
- Only affects what you see

**“There SHALL BE NO
ENVY EXCEPT IN TWO
CASES”**

(Al-Bukhari & Muslim)

DIAGNOSIS

Um Salamah narrated:

“The prophet (PBUH) saw a girl at her house had a black spot on her face. He said: Treat her with RUQIA, she has been hit by the evil eye.”

(Al-Bukhari)

**Never hasten to diagnose
with evil eye or envy, unless
you have a substantial
proof**

Symptoms OF THE EVIL EYE

Including but not limited to:

- **Excessive Yawning**
- **Itching**
- **Chest narrowness**
- **Black spots under eyes**
- **Shivering**
- **Excessive distraction and forgetfulness**
- **Images of eyes on the body or inside**



RUQIA FOR THE EVIL EYE BEFORE AND AFTER

**RUQIA for protection
from the evil eye
Prevention is better than cure**

Verses for protection from evil eye:

“We send down of the Quran that which is a cure and mercy for the believers...”

- **Al-Fatiha**
- **Surah Al-Ikhlās, Al-Falaq, Al-Nas (In morning and night)**
- **Ayat Al- Kursi**
- **Last two verses of Surah Al- Baqarah**
- **“Look again, Do you see any flaws? Then look again and again, your eyesight will return to you worn out and defeated.” (Al-Mulk: 4)**
- **“The disbelievers almost stab you with their glances when they hear the message and say: He is crazy. But this only a reminder to all the worlds.” (Al-Qalam: 51,52)**
- **“Allah is sufficient for me, no God but him, upon him do I rely, and he is the lord of the magnificent throne.” (At-Tawba)**

SUPPLICATIONS

- **“In the name Allah with whose name nothing could harm, not in the heaven nor on earth, and he is the all-hearing, all-knowing.**
- **“I seek refuge with the perfect words of Allah from the evil which he created.”**
- **“I seek protection for you in the perfect words of Allah, from every devil, and every beast, and from every envious blameworthy eye.”**
- **Morning and evening supplications. (Before sunrise, sunset)**
- **“O Allah, I seek refuge in you lest I misguide others, or I am misguided by others, lest I cause others to err, or I am caused to err, lest I abuse others or become abused, lest I behave foolishly or meet with the foolishness of others.”**
- **The treasure of the paradise**



PROTECTING *your self*
from harming PEOPLE by
YOUR EYE.

- **“Leave no malice against believers take root in our hearts.” (Al-Hashr)**
- **“When you enter your garden, why did you not say: Masha-Allah, There is no power except through Allah.” (Al-Kahf)**
- **“Why would any of you kill his brother? If you see something that you like, you pray for blessing for him.” (Ahmad, Al-Nassai)**

IMPORTANT PRECAUTIONS

- **Always seek refuge with Allah**
- **Be mindful of Allah wherever you are .** احفظ الله يحفظك
- **Repentance & Asking for forgiveness**
- **Sadaqa**
- **Conceal your important affairs because Every possessor of a blessing is vulnerable to be envied.**
(Sahih Al-Jamei`)

PROPHETIC CURE FOR THE EVIL EYE AFTER IT HITS

**“When you are asked to take a bath
(for curing purposes), then you should
take a bath.”**

إذا استغسلتم فاغسلوا

{MUSLIM}

“Wash your self for him. So he washed his face, hands, forearms, knees, and the sides of his feet, and the inside of his Izaar (lower garment) in a vessel. Then the water was poured over him (Over his back and head from behind) Then through the vessel over the shoulders.”

(Ahmad, Malik, An-Nassai)

TAKING FEES FOR DOING RUQIA

“Take it, and assign a share for me.”

(Al-Bukhari)